

InWell



Integrative Wellness, LLC

610 N Lebanon Street
Lebanon, IN 46052
www.inwell.org

Adolescent Addiction Group

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Integrated Treatment Program

Mental health and substance use treatment are integrated to meet the needs of clients with co-occurring disorders

Co-occurring disorders are treated in stages using the appropriate intervention at each stage

Research shows that clients in integrated dual diagnosis treatment programs are more successful than clients in non-integrated programs

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CORE PROGRAM

- Tuesdays and Thursdays 5:00PM to 6:30PM
- Program is completed after attending 48 sessions
- Evidence-based interventions used include motivational interviewing, cognitive behavioral therapy, twelve-step facilitation, and dialectical behavioral therapy

RELAPSE PREVENTION

- Presents a process that can be used to prevent relapse
- Identifies the high-risk situations that can be mastered to avoid relapse
- Develops coping plans that create new beliefs and behaviors promoting recovery

Most insurance plans accepted, including Medicare and Medicaid. If you are not covered by insurance, self-pay arrangements can be made

Call Joe Plewa, MSW, LCSW, LCAC
765-680-0071 ext 106

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